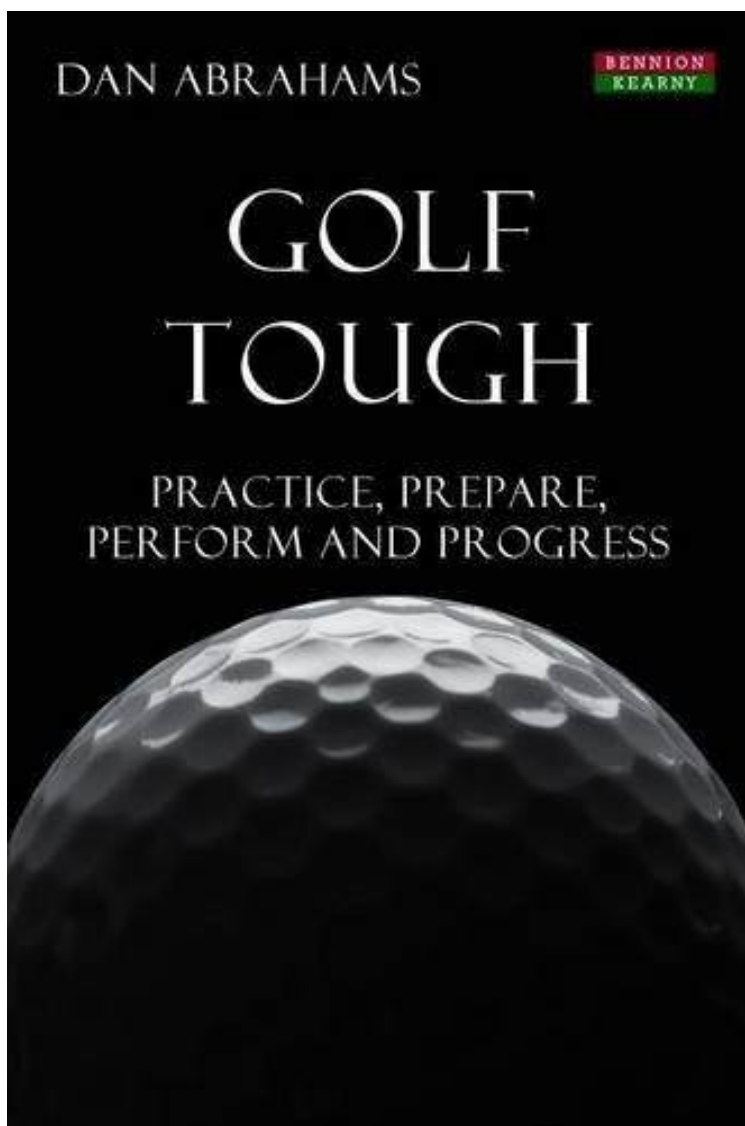


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Golf Tough: Practice, Prepare, Perform and Progress

By Dan Abrahams

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3 of 3 review helpful better than the classics by Bob Rotella because it has concrete advice that works By Swiss Quality Retired in June 2014 and spent all my time beating balls at the range and watching my scores going up over the following 3 months The routines in this book are not ethereal truisms but straightforward advice that works I put on my game face no matter what focus on the target close out the swing tho Golf Tough is an original and inspiring book a book that will transform your game Dan Abrahams is Lead Psychologist for England Golf as well as a former touring professional golfer and PGA coach In Golf Tough Dan offers you a powerful blueprint for improvement and a detailed plan for consistent high performance no matter what your standard of play If you want to significantly lower your handicap compete with greater consistency win tournaments or reac

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