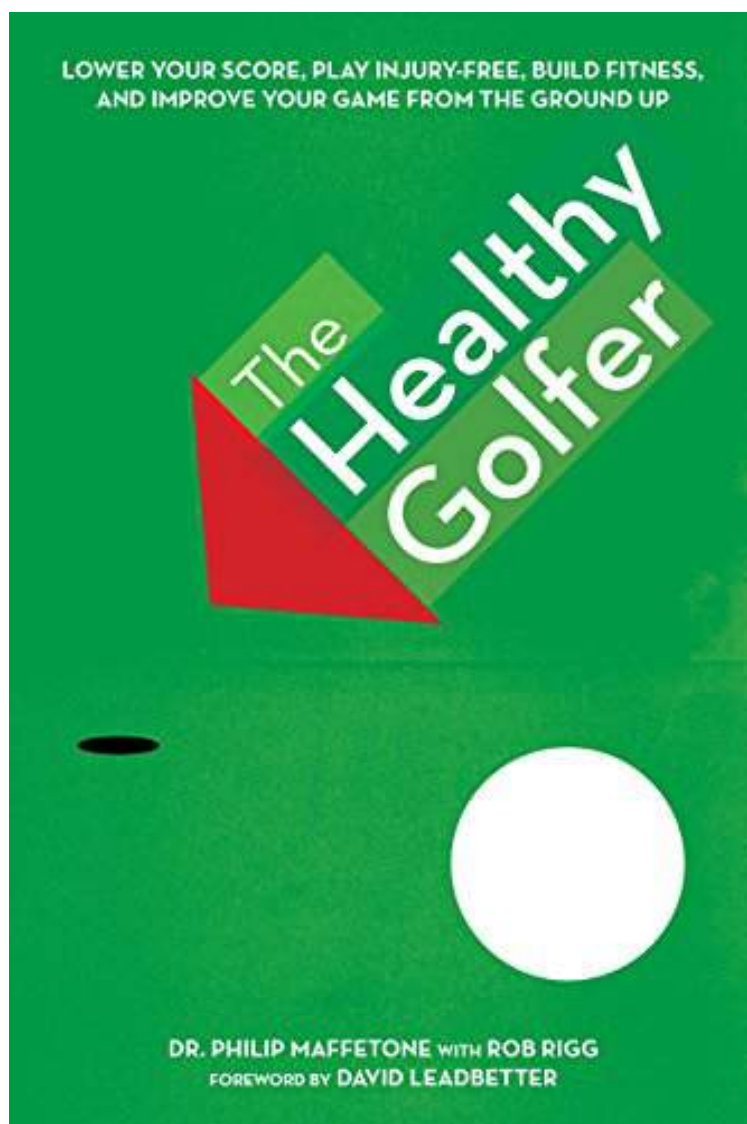


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## The Healthy Golfer: Lower Your Score, Reduce Pain, Build Fitness, and Improve Your Game with Better Body Economy

*By Philip Maffetone*

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